



# NAT-TOUR-EXPO

## Project Partners meeting

05.10.2023.

**Interreg**



Co-funded by  
the European Union

**Central Baltic Programme**

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**NAT-TOUR-EXPO**

# **Baltic Nature Tourism**

## **5 min video material**

**3-5 min video**

**10-15 reels** (from the video material)

# Objective of the video

Provide an insight into the "Exporting Baltic Nature to UK" project, showcasing the natural values, nature tourism experiences, and services of Latvia and Estonia.

Present the natural tourism product defined in the project through video and/or computer graphics solutions.

Highlight the project homepage and the visual identity of the project and program.

**All seasons**

**All categories (7)**

**Only SMEs that are in the project**



**Autumn 2023**  
**Estonia**  
**Wildlife watching**  
**Nature capture**







**Optional**



**Winter 2023/2024**  
**Latvia and Estonia**





**Optional**



# Spring 2024

## Latvia















# **Summer 2024**

## **Latvia and Estonia**



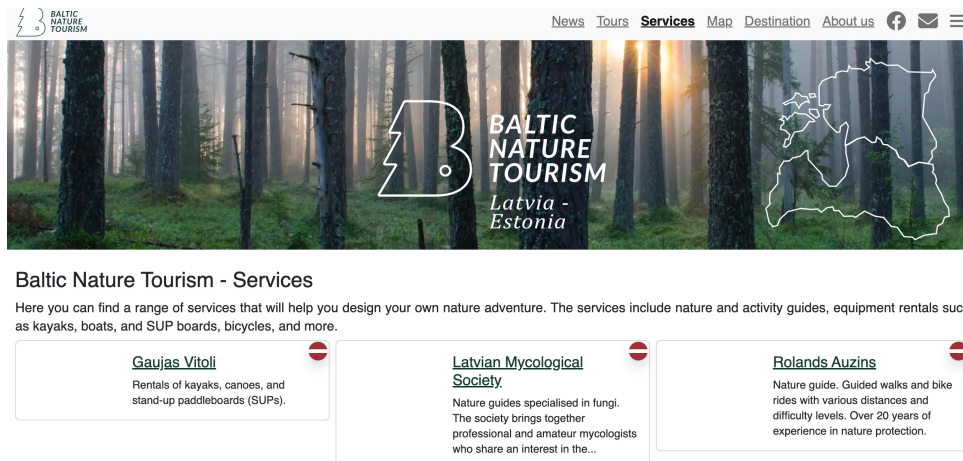
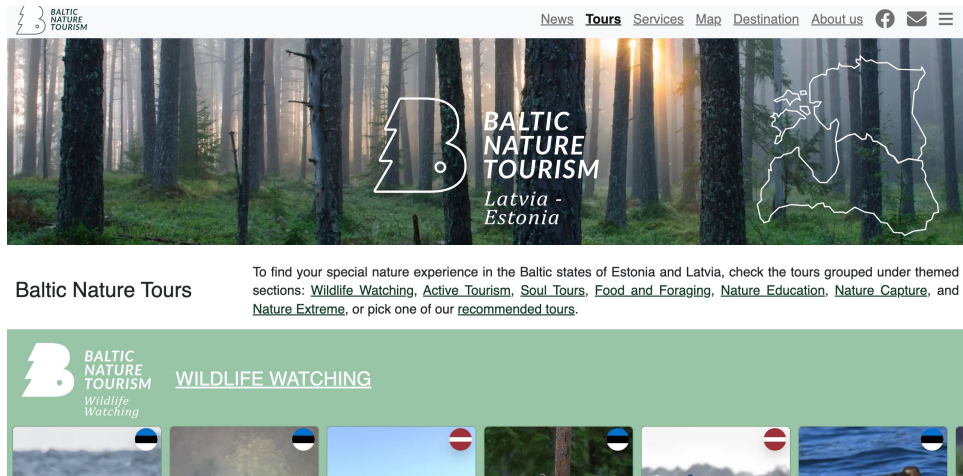


	Wildlife watching	Active tourism	Soul tour	Food and foraging	Nature Extreme	Nature capture	Astronomical tours
Autumn 2023	EST					EST	
Winter 2023/2024			EST		LV		
Spring 2024	LV			LV			
Summer 2024		EST					LV

unique ...	manufacturers. They come in different sizes and wi...			
motor propelling m on a single ...	The "SMART BIKE" electric bicycle motor helps you reach speeds of up to 25 km / h and enables to ...	✓		1-7 hours
enhance your we welcome ...	Take the chance to learn new skills and improve the existing ones in sea kayaks. On Wednesday everyo...	✓		2-3h
Europe for nt migration ...	This tour gives you the chance to witness the spectacular bird migration taking place in autumn i...	✓		5 nights/6 da
r of the forest xperience the...	Estonians are crazy about mushrooms and foraging them is an autumn tradition. Estonians l... w...	✓		4 hours
urasian Lynx, erness areas -...	This autumn tour has 3 big target species – Eurasian Lynx, Brown Bear, and Grey Wolf. We will look for ...	✓		7 days
remote lest and least...	A 45-minute car drive from Tartu brings you to remote Peipsiveere Nature Reserve, one of the ...	✓		4 hours
nowledge? r to Pepper"! ...	Want to be better and safe on water? Learn new skills, improve technique and have knowledge abou...	✓		2-3h
ipsiveere st inhabited ...	A 45-minute car drive from Tartu brings you to Peipsiveere Nature Reserve, one of the wildest and...	✓		3 hours

Airtable

# Accepted, not sure, additional services, declined



	Name, surna...	Status
tours that suit your ...		
states.	Triin Asi	Approved
ded adventures in Limbaži and	Janis Cimins	Approved
erides with various distances of experience in nature ...	Rolands Auziņš	Additional services
vided nature tours, routes and touring. The nature park is a ...	Līga Pauļuka	Approved
The society brings together sts who share an interest in t...	Diana Meiere	Additional services
d-up paddleboards (SUPs).	Janis Vitols	Additional services
ster classes on a small hobby n raising rabbits, goats, ...	Jolanta Bāra	Approved
k. Hiking, boating, and	Janis Stepins	Approved

# Fixed with AI words ≠ Short description about your product

## Hiking Tour with a Picnic in Gauja National Park



Hiking/walking

### ABOUT

This trip in Gauja National Park combines a guided hike and a picnic meal in a forest restaurant. The hike starts at the Zvārtēs Rock, a scenic sandstone outcrop situated on the banks of the Amata River. As you make your way along the hiking trail, you'll be treated to beautiful river views and the serene natural surroundings. At the end of your hike, you'll be treated to a delicious picnic provided by local family entrepreneurs. The food is locally-sourced and showcasing the region's culinary delights.

[www.facebook.com/cesisinside](https://www.facebook.com/cesisinside)

Request more info

### TOUR PROFILE

**Duration** 3-4 hours

**Distance** 6 km hike

**Season** Spring, Summer, Autumn

**Location** Zvarte's rock

**Price** 200 EUR/tour with restaurant picnic people; 80 EUR/person for groups from 5 people;  
Included in price: Private guided tour, food  
Not included in price: Transport (optional)

**Difficulty** ●●

**Who can participate?** Individuals, Group (minimum 1 pers.)

### PRACTICAL INFORMATION

**Pick-up** is possible from Riga, Tallin, Tartu, Parnu

**Notes** Please wear weather-appropriate clothing and shoes.

Transport is possible for up to 50 people.

☰ fixed with AI 100 words - will be shown online	☰ Short description about your product - this is...
Join our public bogshoeing hikes or gather your own group and select one of our routes across Latvia. With the guidance of o...	Purvu Bridēji (Bog Waders) is the most experienced organisation in Latvia offering bog shoe hikes ...
We present a unique tourism product that combines an exhilarating hot air balloon flight with a challenging 10-20km ...	We present a unique tourism product that combines an exhilarating hot air balloon flight with a ...
Hiking in this area involves climbing up and down countless hills while enjoying the scenery with Gauja river valley views, ...	HIKING ADVENTURE IN GAUJA NATIONAL PARK 7 days / 6 nights...
Experience an unforgettable sunrise, daytime or sunset kayaking tour in one of the largest peat bogs on the Latvian ...	Experience an unforgettable sunrise, daytime or sunset kayaking tour in one of the largest peat bog...
The Nature Gallery is a beautiful forest location in western	Nature Gallery is a new concept, multi-use space





# Type Specific

Under first category in the list will appear on website

## HIKING/WALKING

Guided or independent tours, ranging from a few hours' walk to multi-day hikes.



Hot Air Ballooning and Hiking Experience


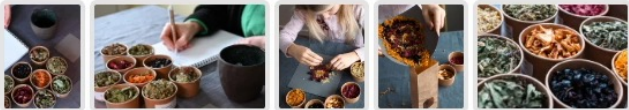
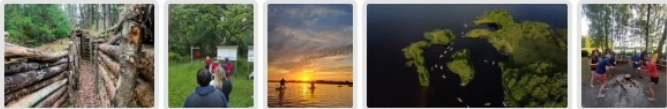








Hiking Adventure in Gauja National Park



Lakeside Lodge Forest Retreat

- Type Specific
- Bogshoe hiking
- Extreme sports ✓
- Hiking/walking ✗
- Hiking/walking
- Water activities
- Nature escape
- Hiking/walking
- Water activities
- Cycling

	ID		Please add the photos of your product	Type Specific	Parent Category
84	123			Bogshoe hiking Water activities	Active tourism Active tourism
85	124			Nature therapy Nature retreats	Soul tours Soul tours
86	125			Water activities Hiking/walking	Active tourism Active tourism
87	126			Water activities	Active tourism
88	127			Water activities Hiking/walking	Active tourism Active tourism
89	128			Water activities	Active tourism
90	129			Water activities Hiking/walking	Active tourism Active tourism
91	130			Water activities Hiking/walking	Active tourism Active tourism
92	131			Water activities Hiking/walking	Active tourism Active tourism
<input type="checkbox"/> ↻	132			Astronomical tours Botanical tours	Nature educational Wildlife watching
+					

# Minimum and maximum participants

#	Minimum number	▼	▲	Maximum of participants	▼
	1			50	
	4			14	
	1			8	
	2			60	
	16			22	
	1			200	



	10
--	----



# What is the location of the product location ≠ Coordinates for the starting point



A Coordinates for the starting point ▾

57.24429332093808,  
25.002078763510756

57.246257836333754,  
25.14688510997442



<https://goo.gl/maps/FCUpBcEehMzB3G8i6>

<https://goo.gl/maps/84sZ59FKb3vp3zvP7>



ID	formula form	A Coordinates for the starting point	A Distance (product)	☆ Difficulty
83	122	58.920274586818024, 22.608497882761124		●
84	123	59.43564005031773, 24.745097165301125		●
85	124	57.03650802089996, 25.410956760561426	Hike adjusted to the interests of the group up ...	
86	125	56.829642149086474, 24.43315222452548	5 km	●
87	126	57.069254363972114, 24.386734720218254	27-32 km	● ● ● ● ●
88	127	57.132842805697095, 24.26490034226236	8 km	●
89	128	57.33463304653271, 23.126507803642305	10 km	● ●
90	129	57.070558722594704, 22.527096093254414	20 km	● ●
91	130	56.96746797332253, 23.355525588954656	4 km	●
92	131	56.899607816556575, 23.514163411050856	5 km	●
133		<a href="https://www.google.com/maps/place/Cape+Kolka/@57.7461743,22.5804392,14.3...">https://www.google.com/maps/place/Cape+Kolka/@57.7461743,22.5804392,14.3...</a>		● ● ● ● ●

Right click on 

<https://www.google.com/maps/place/Cape+Kolka/@57.7461743,22.5804392,14.3...>

# Pick up from Riga or Tallin

## TOUR PROFILE

**Duration** 3-4 hours

**Distance** 6 km hike

**Season** Spring, Summer, Autumn

**Location** Zvarte's rock

**Price** 200 EUR/tour with restaurant picnic for 2 people; 80 EUR/person for groups from 5 people

Included in price: Private guided tour, food

Not included in price: Transport (optional)

**Difficulty** ●●

**Who can participate?** Individuals, Groups (max 40 persons) minimum 1 pers.

## PRACTICAL INFORMATION

**Pick-up** is possible from Riga, Tallin, Tartu and Parnu

**Notes** Please wear weather-appropriate clothing and shoes.

Transport is possible for up to 50 people.

☰ Pick up from Riga or Talin ⓘ ▾
is not possible
is possible only on request
is possible from Tallinn

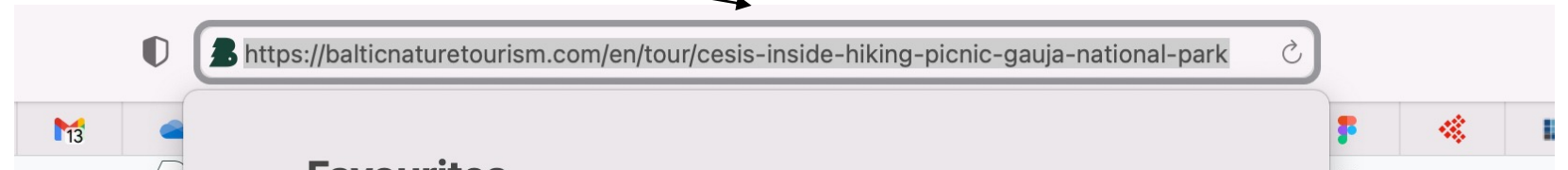
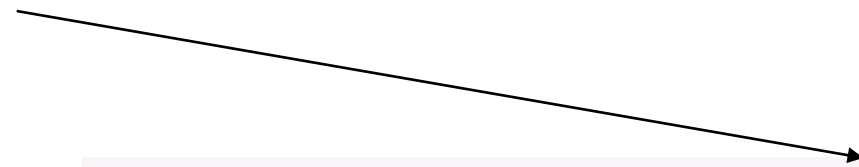
Pick up from your hotel or Tallinn Tourist Information Centre
--

Yes
-----



## If need to fix weblink, please ask Anna

Weblink
purva-brideji-bogshoe-hiking-kemeri
movement-spontaneous-hot-air-balloon-hike
baltic-nature-travel-hiking-gauja-national-park
ozolaivas-kayaking-sunrise-kemeri-national-...
dont-panic-nature-gallery-lakeside-lodge-forest-...



# Planned improvements



## Videos on website



## Picture name

**Maximum\_seventy\_symbols\_small\_letters.jpg** (.png or .gif etc.)

**Can be the same name for different pictures**

BeTriton-Amphibious-Camper-Trike-water.jpg

betriton\_amphibious\_camper\_trike-water.jpg

DSCN\_22062472\_72.jpg

name\_for\_the\_picture.jpg

hot\_air\_balloon.jpg



## Achievements, certificates



**Sustainable  
Eco-friendly  
etc.**

**Social media**

# Management

## **2 weeks per country at a time**

LV – Anna Salnikova, Andra Babre (content and management), Juris Smaļinskis (content)  
EST – Elin Priks, Marilin Pekha

**3+ posts per week and** reposts, stories, live videos, reels etc.  
(can be add by anyone)

# How to make the page more attractive?

Reels and stories > regular posts

Shares and likes (especially when going to UK)

Gaining more followers – sharing with SMEs, people, other SMEs

Live videos – streamed by SMEs or us

# Page Overview

See more insights

Followers: 225

Last 28 days

Post reach ⓘ

1,930

Post Engagement ⓘ

380

New Page likes ⓘ

48

**Baltic Nature Tourism**  
Published by Anna Salnikova · 2 days ago

Have you ever wonder how mushrooms grow? 🤔



MĀRTIŅŠ ZIDERS PHOTO  
09/19/2023 17:12:30 020 058

**Mārtiņš Ziders**  
September 19 at 7:00 PM

10 dienas Baravikas dzīvē.

#sēnes  
#mushroom  
#fungi  
#timelapse

**Baltic Nature Tourism** is 🧑🏻‍🌾 looking for an adventure.  
Published by Andra Marta Babre · 2 days ago

Let's see what you can do in autumn in Latvia!

- Explore the bog with [Purvu bridēji](#) by going on a bog shoe hike 🧑🏻‍🌾
- Rent an E-bike from [EasyRide.lv](#) and explore the places on a bike 🚲
- Join [Boards You](#) on a SUP and gastronomy tour with your family and friends! 🍷

More activities can be found here - <https://balticnaturetourism.com/>



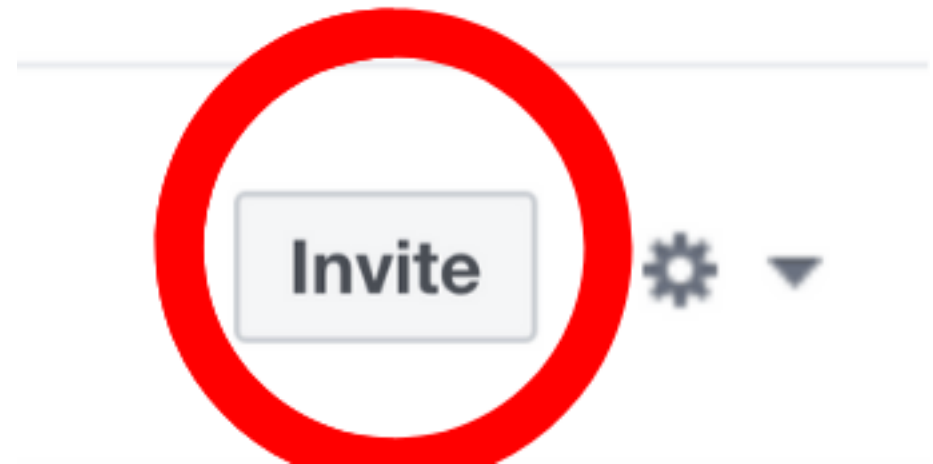
**Baltic Nature Tourism**  
Published by Andra Marta Babre · September 25 at 10:10 AM

Last week, we had a wonderful opportunity to visit London and share exciting news from the Baltic Nature Tourism platform with several tour operators. The event was a success, and we were able to establish new connections! We would like to express our gratitude to [PIZĀ guest house / campsite](#) and [Karlamaiza Country Hotel](#) for representing Latvia. We look forward to seeing you outdoors!



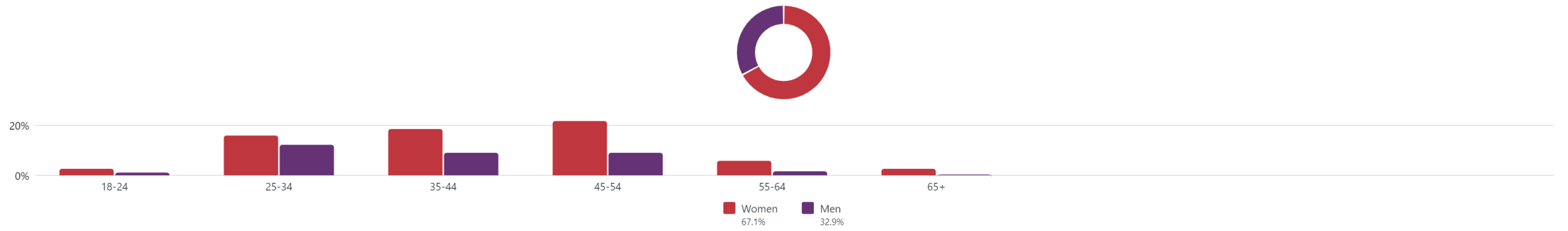
### 3 “must do” tips

1. like all posts from the BNT page
2. share and comment if you can (to boost the algorithm)
3. invite your friends to like the page (nature lovers, colleagues, family, too)





## Age & gender ①















## Top towns/cities



## Top countries



Title	Type	Date published ↓	Reach ⓘ ↑↓	Likes and reactions ⓘ ↑↓	Sticker taps ⓘ ↑↓	Link clicks ⓘ ↑↓	Comments ⓘ ↑↓	Shares ⓘ ↑↓
 Today our project manager Marilyn Pehk... Baltic Nature Tourism <span>Boost Unavailable</span>	Post	4 October 22:41	0 Accounts Centre accou...	1 Reactions	--	--	0 Comments	0 Shares
 Do you know what our national sport is, besides... Baltic Nature Tourism <span>Boost post</span>	Post	4 October 12:01	38 Accounts Centre accou...	0 Reactions	--	--	0 Comments	0 Shares
 This post contains no text Baltic Nature Tourism <span>Boost Unavailable</span>	Post	3 October 11:25	67 Accounts Centre accou...	3 Reactions	--	1 Link clicks	0 Comments	0 Shares
 Let's see what you can do in autumn in Latvia! -... Baltic Nature Tourism <span>Boost post</span>	Post	2 October 09:41	717 Accounts Centre accou...	30 Reactions	--	3 Link clicks	0 Comments	5 Shares
 Have you ever wonder how mushrooms ... Baltic Nature Tourism <span>Boost Unavailable</span>	Post	1 October 11:14	54 Accounts Centre accou...	2 Reactions	--	--	--	--
 This year, September was unusually warm, f... Baltic Nature Tourism <span>Boost post</span>	Post	29 September 09:06	129 Accounts Centre accou...	11 Reactions	--	--	0 Comments	0 Shares
 Latvia's forests, rivers, lakes, seas, swamps, mea... Baltic Nature Tourism <span>Boost post</span>	Post	28 September 13:10	57 Accounts Centre accou...	6 Reactions	--	1 Link clicks	0 Comments	0 Shares
 Have you ever indulged in a sauna ritual? Th... Baltic Nature Tourism <span>Boost post</span>	Post	27 September 11:18	99 Accounts Centre accou...	6 Reactions	--	--	0 Comments	0 Shares
 Last week, we had a wonderful opportunity to vi... Baltic Nature Tourism <span>Boost post</span>	Post	25 September 10:10	687 Accounts Centre accou...	46 Reactions	--	--	0 Comments	1 Shares
 We knew it, also Lonely Planet is convinced i... Baltic Nature Tourism <span>Boost post</span>	Post	23 September 17:16	119 Accounts Centre accou...	8 Reactions	--	6 Link clicks	0 Comments	0 Shares
 Today we celebrate the official beginning of the... Baltic Nature Tourism <span>Boost post</span>	Post	23 September 15:40	134 Accounts Centre accou...	12 Reactions	--	--	0 Comments	0 Shares
 We often get asked when is the best time of yea... Baltic Nature Tourism <span>Boost post</span>	Post	20 September 10:49	62 Accounts Centre accou...	2 Reactions	--	--	0 Comments	0 Shares

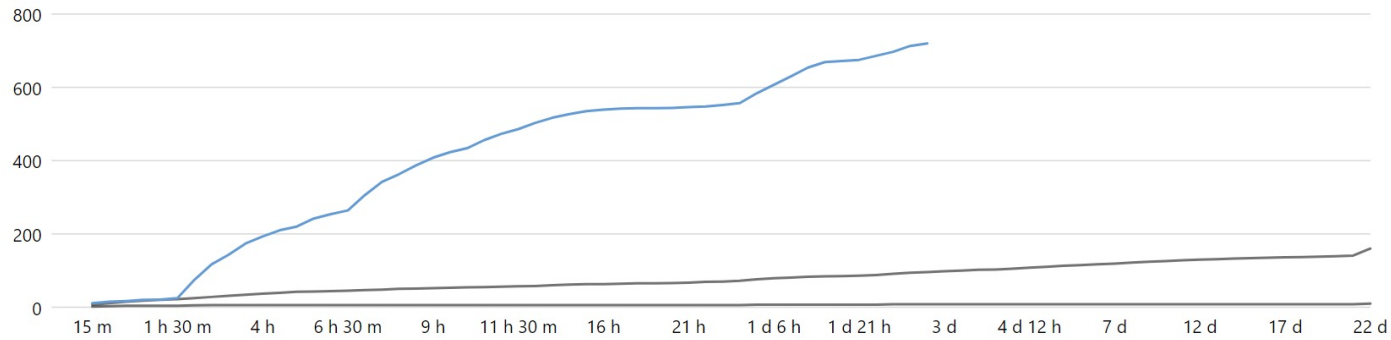
## How is my post performing?

Facebook post reach ⓘ

717

Higher than typical

Typically 8-91



## What's affecting my post reach? ⓘ

The more interactions that your post receives, the higher in Feed it may appear.

### Organic interactions

Facebook post reactions ⓘ

30

Higher than typical

Typically 5-11

Facebook post comments ⓘ

0

Typical

Typically 0


Facebook post shares ⓘ

5

Higher than typical

Typically 0

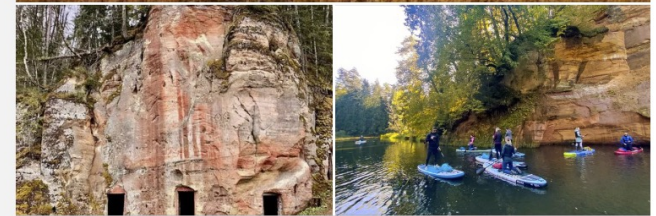
## Feed preview

 **Baltic Nature Tourism** is 🧑🏻 looking for an adventure. Published by Andra Marta Babre · 2 d · 🌐

Let's see what you can do in autumn in Latvia!

- Explore the bog with [Purvu bridēji](#) by going on a bog shoe hike 🧑🏻
- Rent an E-bike from [EasyRide.lv](#) and explore the places on a bike 🚲
- Join [Boards You](#) on a SUP and gastronomy tour with your family and friends! 🌊

More activities can be found here - <https://balticnaturetourism.com/>



See Insights and Ads

Boost post

👍❤️ 10

5 ↗

👍 Like

💬 Comment

↗ Share



Write a comment...



📄 View Post on Facebook

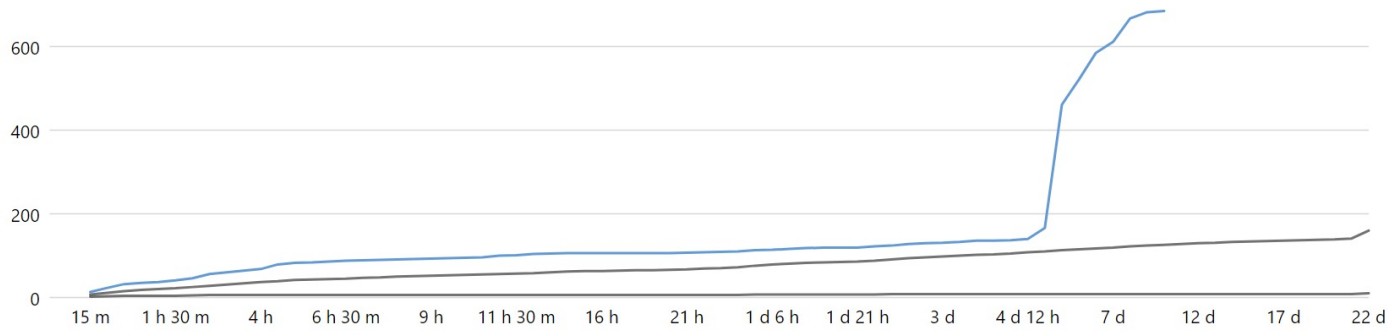
## How is my post performing?

Facebook post reach ⓘ

687

Higher than typical

Typically 8-126



## What's affecting my post reach? ⓘ

The more interactions that your post receives, the higher in Feed it may appear.

### Organic interactions

Facebook post reactions ⓘ

46

Higher than typical

Typically 5-11

Facebook post comments ⓘ

0

Typical

Typically 0

Facebook post shares ⓘ

1

Higher than typical

Typically 0

## Feed preview



Baltic Nature Tourism

Published by Andra Marta Babre · 25 September at 10:10 · 🌐

Last week, we had a wonderful opportunity to visit London and share exciting news from the Baltic Nature Tourism platform with several tour operators. The event was a success, and we were able to establish new connections! We would like to express our gratitude to [PIZĀ guest house / campsite](#) and [Karlamuiza Country Hotel](#) for representing Latvia. We look forward to seeing you outdoors!



See Insights and Ads

Boost post

👍❤️ 20

1 ↗️

👍 Like

💬 Comment

↗️ Share



Write a comment...



📄 View Post on Facebook

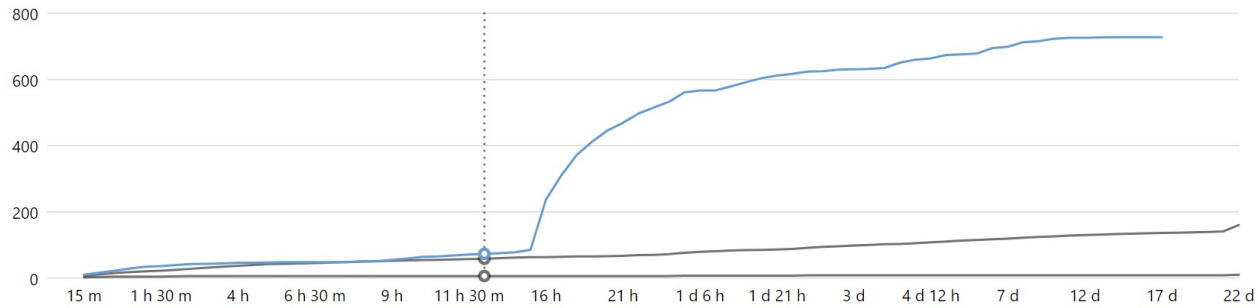
### How is my post performing?

Facebook post reach ⓘ

728

Higher than typical

Typically 8-135



### What's affecting my post reach? ⓘ

The more interactions that your post receives, the higher in Feed it may appear.

#### Organic interactions

Facebook post reactions ⓘ

11

Typical

Typically 5-11

Facebook post comments ⓘ

8

Higher than typical

Typically 0

Facebook post shares ⓘ

1

Higher than typical

Typically 0

### Feed preview

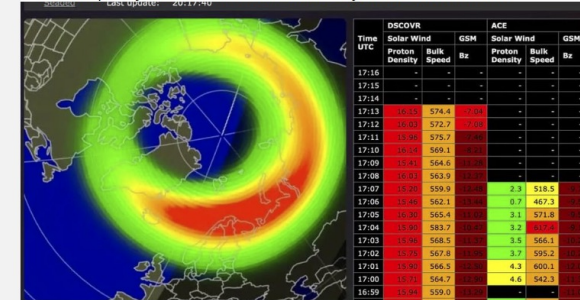


Baltic Nature Tourism is 🌟 feeling super in Estonia.

Published by Elin Pippin Priksuk · 18 September at 21:49 ·

Aurora borealis alert today, with beautiful clear sky and stars!  
The northern lights are an optical phenomenon occurring in the upper layers of the atmosphere, caused by collisions of charged particles from the sun with particles in the Earth's atmosphere.

We will post you beautiful moments of sky dance in comments



See Insights and Ads

Boost post

5

7 1

Like

Comment

Share

Newest ▾

Write a comment...

Author  
Baltic Nature Tourism  
Vaino Pool



Like Reply 2 w

2

View 6 more comments

There are many people that like posts, but aren't following

Page · Local & travel website

+371 20 227 957

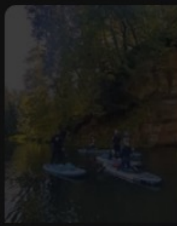
balticnaturetourism.com

Promote Website

Edit details

Add Featured

### Photos



All 3 1



Linards Laidiņš

Invite



Vita Anaite

Following

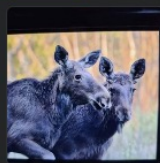


RaitisMiksons mobilā fotogrāfēšana.

Invite

JELGAVAS braucieni #ozolaivas #laivubrauciens #laivunoma #ozollaivas #laivunomajelgava #laivotjelgava #laivasjelgava #jelgavaslaivas #kanoe #... See more

Original audio jrstit · Origina



Activest



Ahjamatkad



Baltic Nature Travel



Baltic Tour



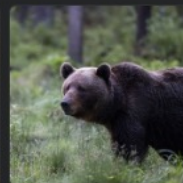
Baltic Travel Company



Balticsea.travel



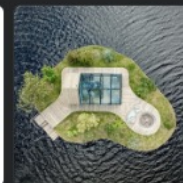
Mustjõe Kõrtsitalu



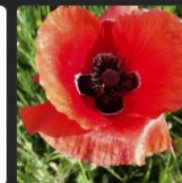
NaTourEst



Nature Tours Estonia

Nepieradinātās  
naktsmitnes / Untamed  
nights

Nomadic Homes



Outdoor Latgale



BeTriton



Boards You



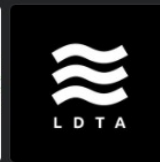
Cesis inside



Cycling Adventures



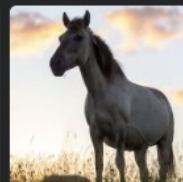
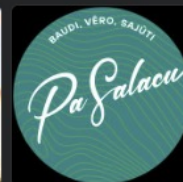
Dabalaba



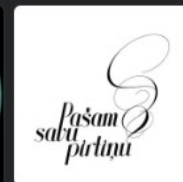
Dabas Tūrisms



Ozolaivas

PAPES DABAS PARKS /  
Nature Park Pape

Pa Salacu



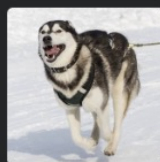
Pasamsavpirtinu



Pie Gaujas



Pirts baudas



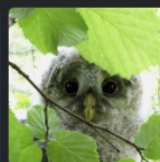
Dodkepu.lv



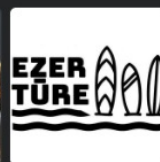
Dzivie



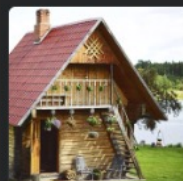
EasyRide.lv



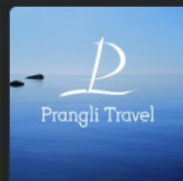
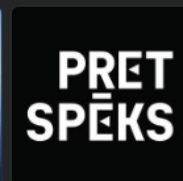
Esti Loodusturismi Ūhing

Egonslacis mobile  
photography

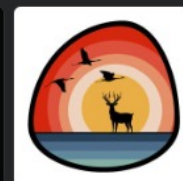
Ezertūre



Pirti pie Vaidavas

Prangli Reisid/Prangli  
Travel

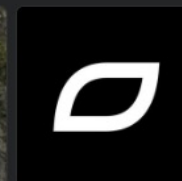
Pretspēks



Purvu bridēji



Putnu salas "Gulbji"



Rīga Kayaking



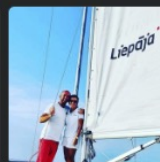
Gatavo dabā



Gaujas Vitoli



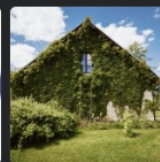
Global Birdfair



JA Travel



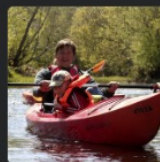
Jūras laivas



Karlamuiza Country Hotel

Kempings un brīvdienu  
māja "Ūši"

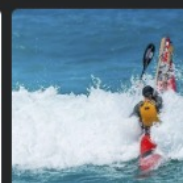
Kurzemes Laivas



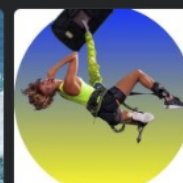
Laivo.lv / Pededzes laivas

Laivu noma un atpūta pie  
Irbes upes "Airē Pats"

Latvia Rivers

Latvju Pirts un SPA  
AsociācijaRoy Strideri ūpetlikud ja  
kasulikud reisidRīgas laivas / Kayaking in  
Rīga

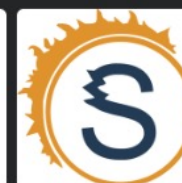
Seakayakingestonia



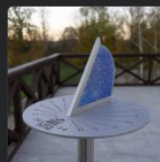
Sigulda Adventures



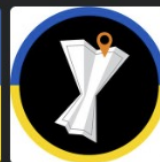
Soomaa.com



StarSpace observatorija

Laučnieka  
piezīmes/Countryside  
stories/PiegozesLauku Ceļotājs / Baltic  
Country Holidays

Lielzeltiņu observatorija

Lifestyle and wellness  
tourism agency "Power  
Journey"Lūzumpunkts -  
Piedzīvojumu Organizācija

Mana Karte



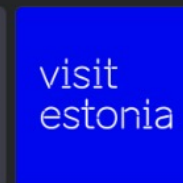
Surfhunt &amp; Hundimāja



Sēlijas laivas

Travel in Latvia with "i-Dā"  
Adventures

Uzzini, iepazīsti



Visit Estonia



# Baltic Nature Tourism

186 likes • 228 followers



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Manage

Edit

Posts About Mentions Reviews Followers Photos More

## Events

Upcoming Past



THU, 5 OCT AT 15:00 AND 19 MORE  
**The smoke sauna experience with national dinner**  
Mustjõe Kõrtsitalu · Anija  
Event by Mustjõe Kõrtsitalu



THU, 5 OCT AT 10:00 AND 9 MORE  
**Wild cranberry picking tour**  
Nature Tours Estonia · Kastre vald  
Event by Nature Tours Estonia



SUN, 8 OCT-15 OCT  
**Big Predator Tour - Lynx, Bear, and Wolf**  
Lahemaa National Park · Kuusalu  
Event by NaTourEst



FRI, 15 DEC AT 10:00 AND 51 MORE  
**Sleddog tour on bog islands**  
Kelgukoerte Treeningkeskus · Kastre vald  
Event by Nature Tours Estonia



TUE, 15 AUG  
**SUNRISE in the Great Kõmeri bog** 🌞  
Lielais Kõmeru Tõrelis · Slampe  
Event by Baltic Nature Tourism



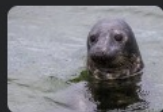
THU, 21 SEP  
**Bear Watching and Photography**  
Palasi, Lääne-Virumaa · Vinni  
Event by NaTourEst



THU, 21 SEP  
**Mushroom foraging tour**  
Nature Tours Estonia · Kastre vald  
Event by Nature Tours Estonia



SAT, 15 JUL  
**Hot Air Balloon Night Hike**  
Kuldīga · Kuldīga  
Event by Movement Spontaneous



SUN, 3 SEP  
**Regulaarsed hülgevaatlusretked 2023 suvel / Regul:**  
Event by Prangli Reisid/Prangli Travel



SAT, 1 JUL  
**Ozolaivas || SAULLĒKTS || Lielais Kõmeru tõielis || 1.jū**  
Lielais Kõmeru tõielis - Ozolaivas.lv · Salas pagasts  
Event by Ozolaivas



# What's next?

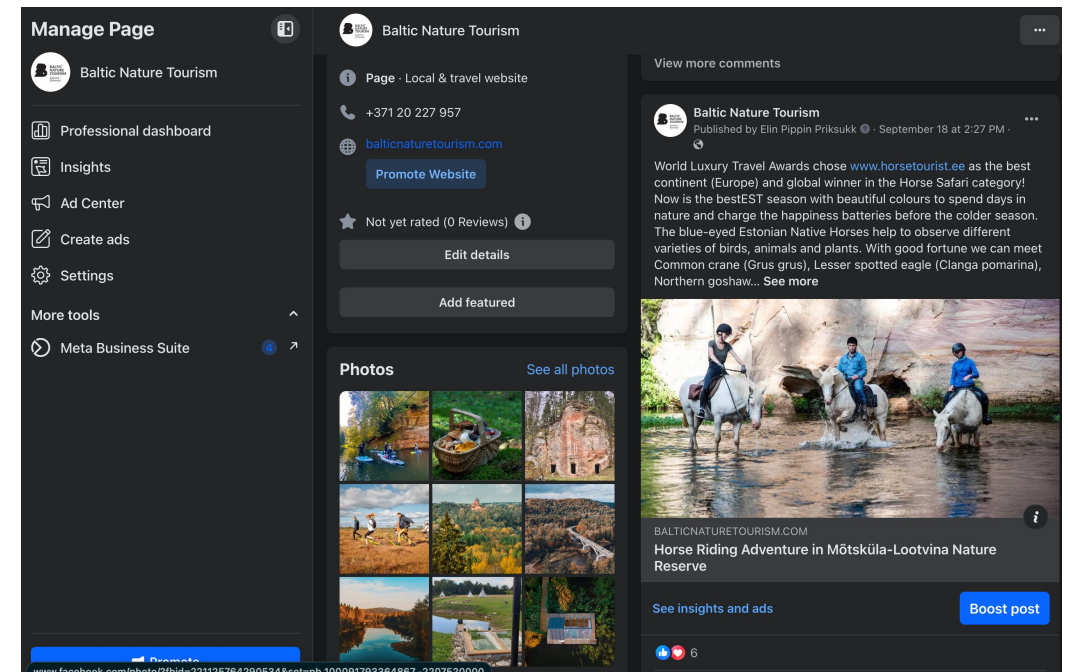
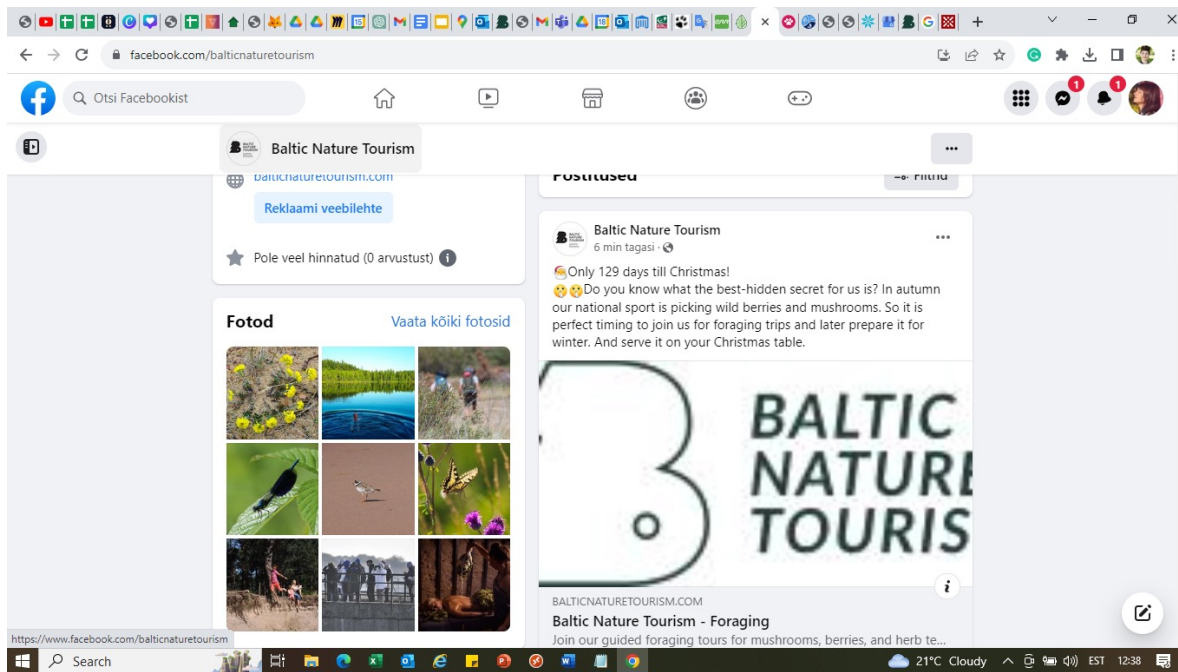
Publishing SMEs on Facebook – each product  
(description + photos)

Albums based on product categories

**Website**

# Website Meta

Website Meta the picture for each main topic



# Additional services

Hammock rental  
Kayak rental  
Bog shoes rental  
Individual guides  
etc.



## Baltic Nature Tourism - Services

Here you can find a range of services that will help you design your own nature adventure. The services include nature and activity guides, equipment rentals such as kayaks, boats, and SUP boards, bicycles, and more.

### [Gaujas Vitoli](#)

Rentals of kayaks, canoes, and stand-up paddleboards (SUPs).

### [Latvian Mycological Society](#)

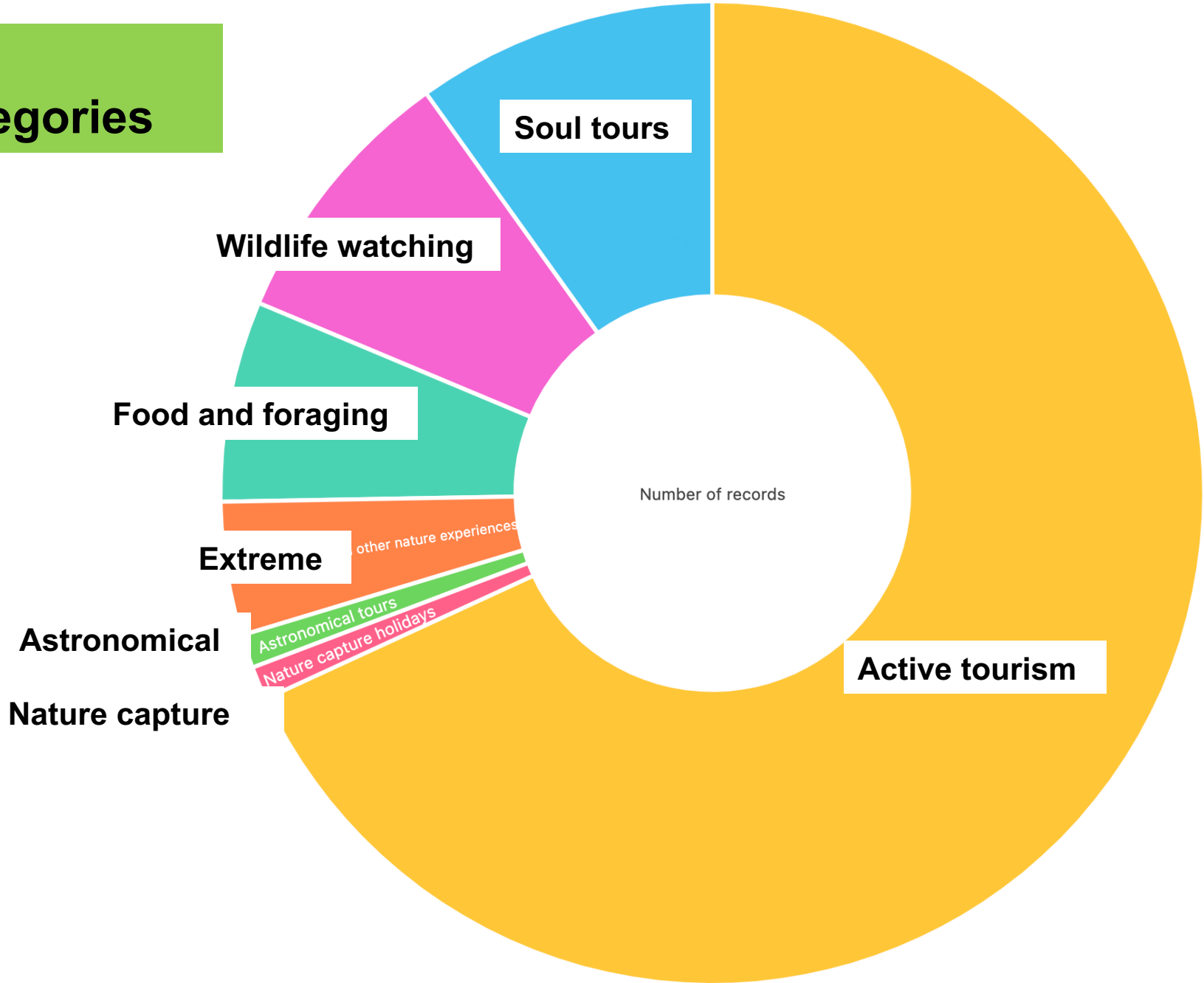
Nature guides specialised in fungi. The society brings together professional and amateur mycologists who share an interest in the...

### [Rolands Auzins](#)

Nature guide. Guided walks and bike rides with various distances and difficulty levels. Over 20 years of experience in nature protection.

**Statistics – 04.10.2023.**

**All categories**



**Soul tours**

**Wildlife watching**

**Food and foraging**

**Extreme**

**Astronomical**

**Nature capture**

**Active tourism**

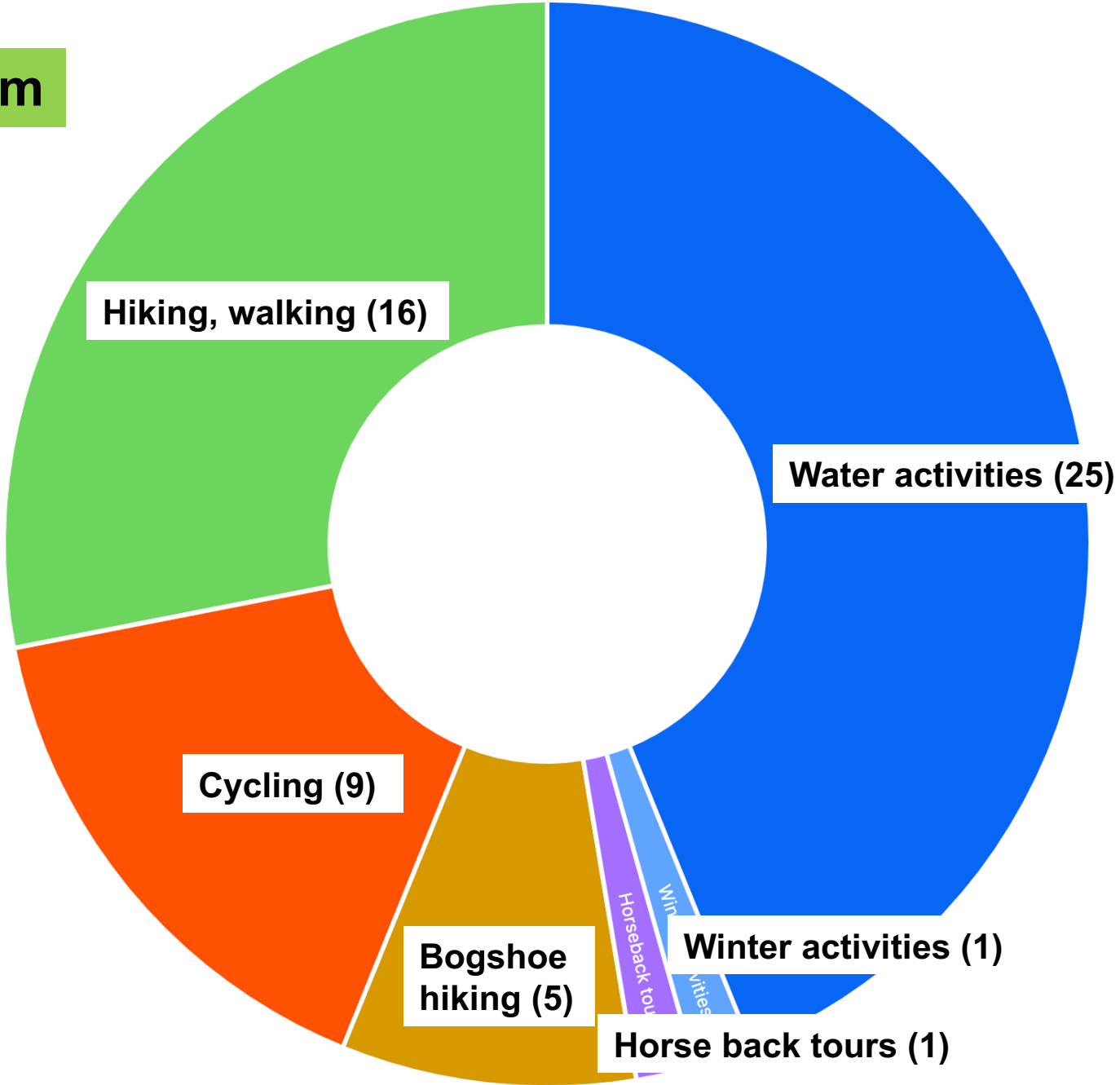
Number of records

other nature experiences

Astronomical tours

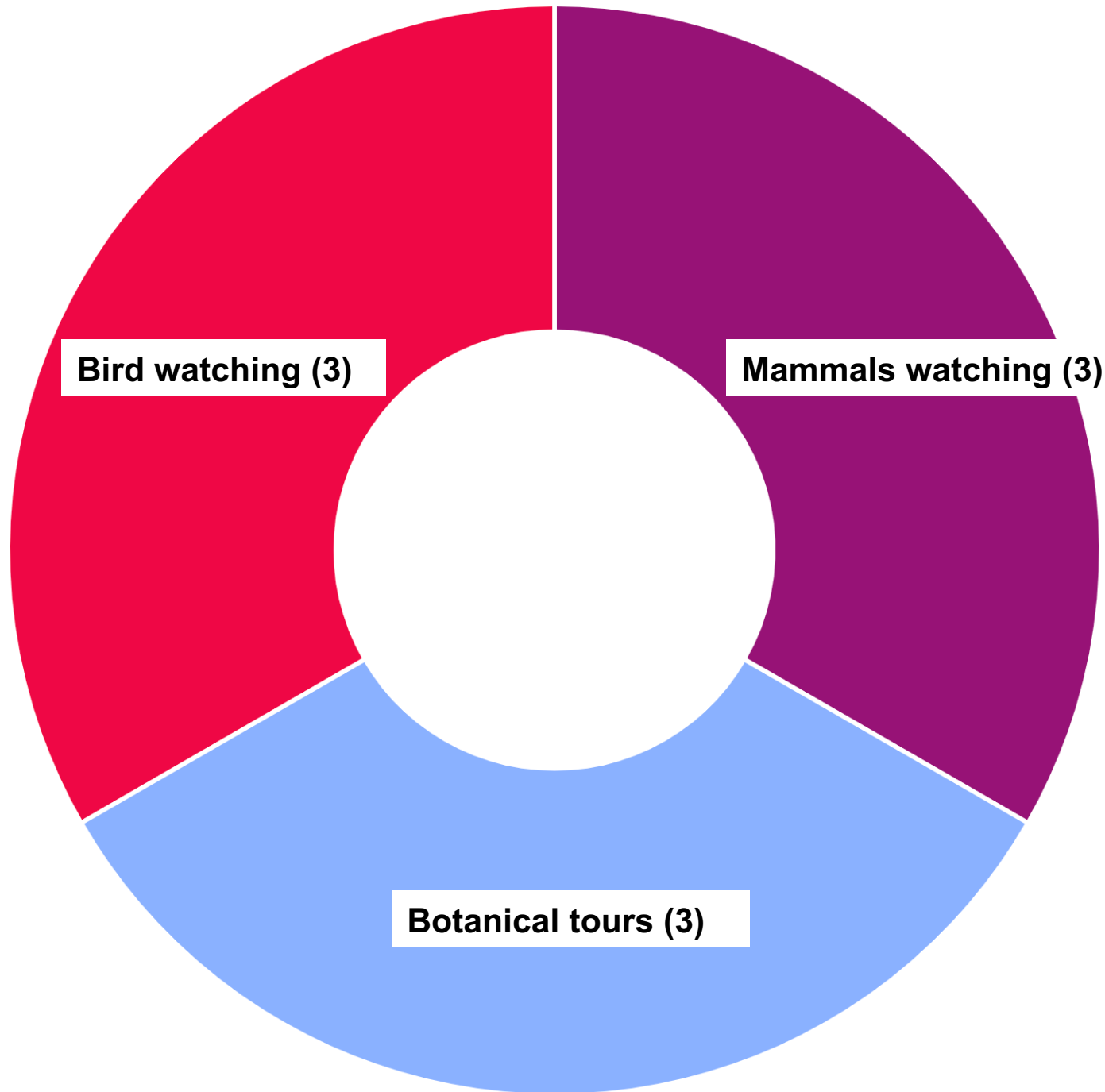
Nature capture holidays

# Active tourism



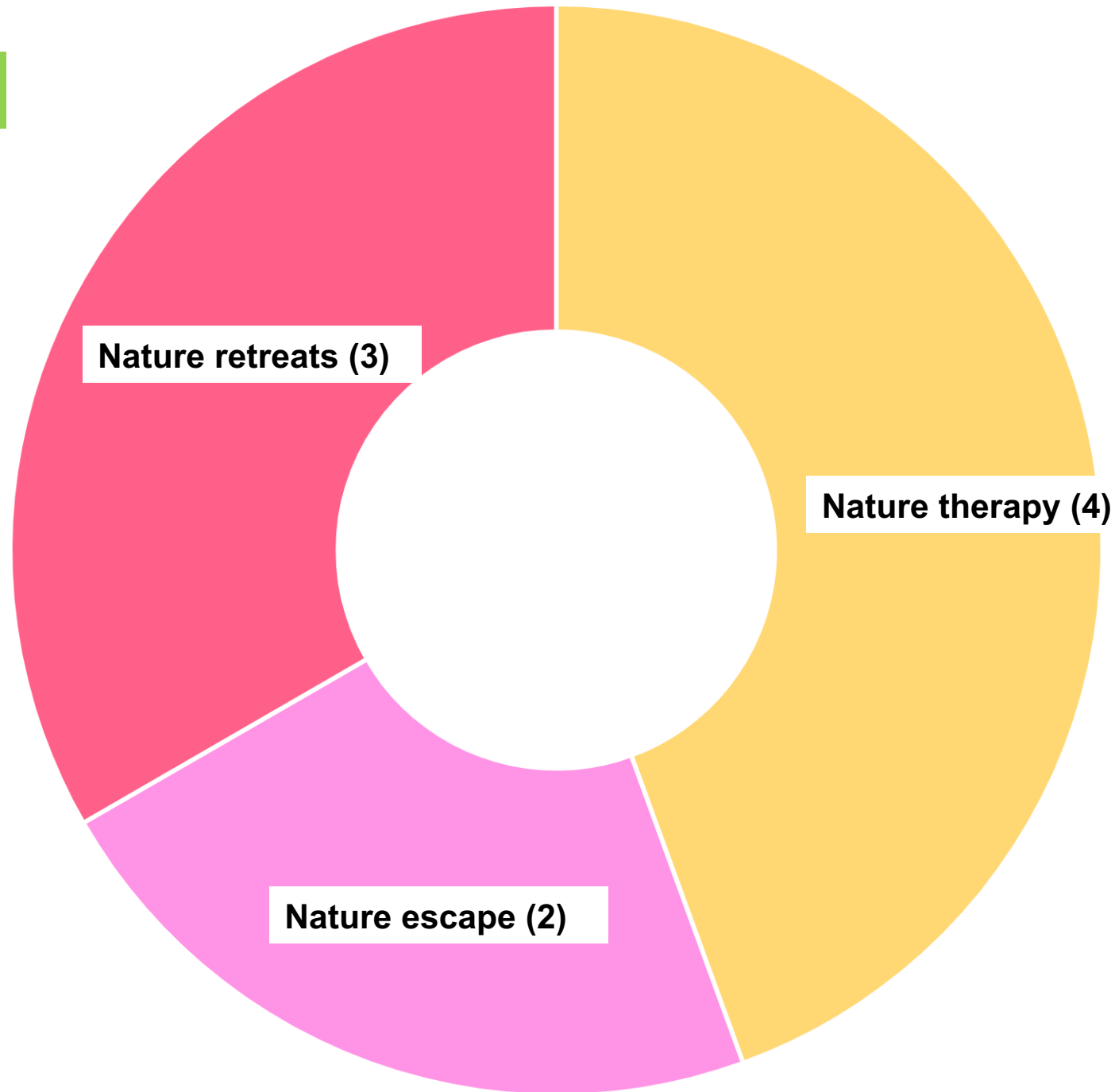
**Wildlife  
watching**

**0 – Fungi tours**  
**0 – Insect  
watching**

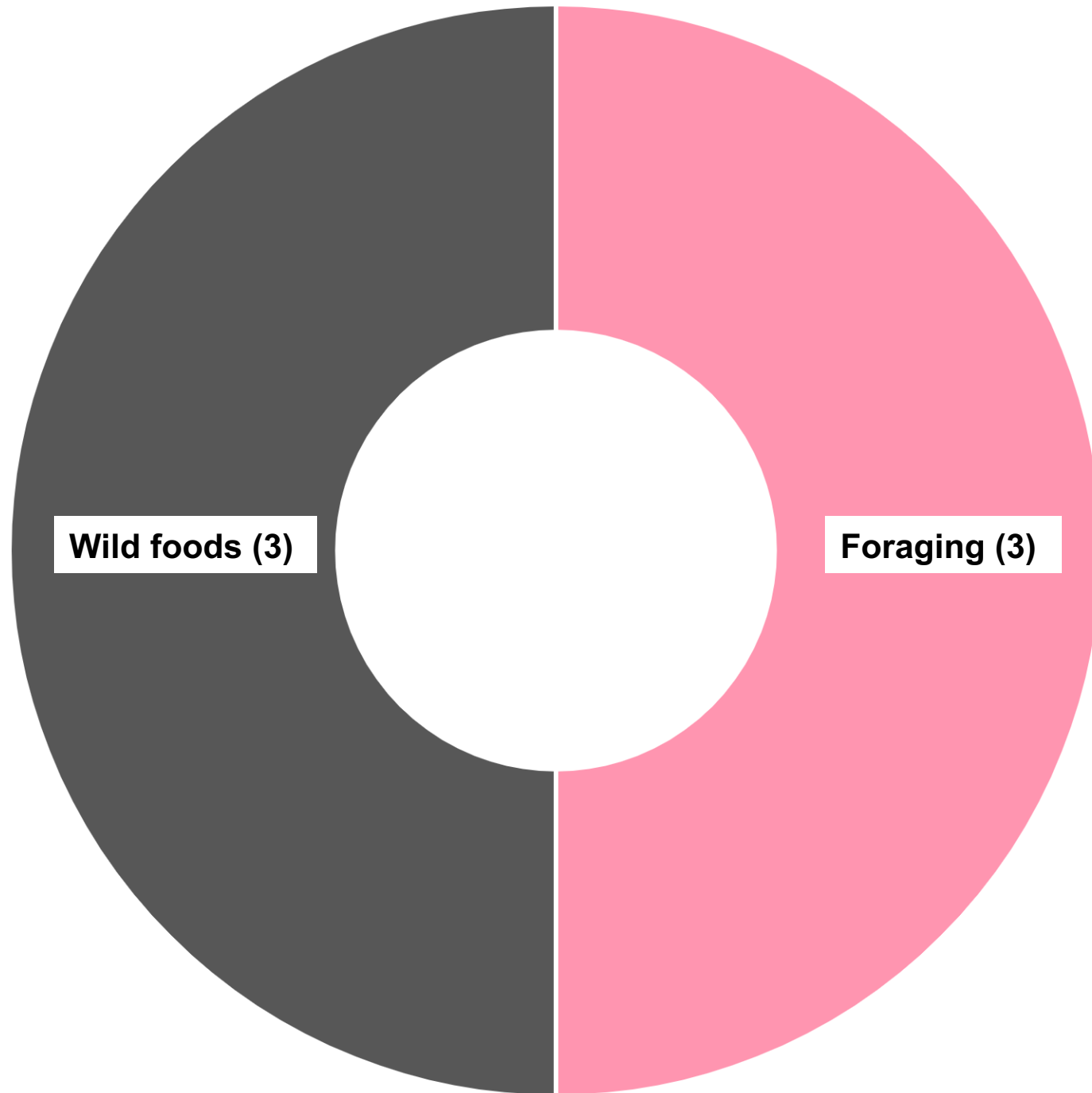




# Soul tours



**Food and foraging**



# Nature Capture

0 – Nature  
drawing/painting

5-10 more nature  
video/photography  
will be added



Nature  
video/photography (2)

# In total

90 products (24 EST, 56 LV)

66 SMEs (21 EST, 45 LV)